

Canned Soups or Meals:

- Vegetable
- Minestrone
- Chicken Vegetable
- Chicken Noodle
- Beef Ravioli

Rice**Flour****Oil****Cereals****Oatmeal****Baked Beans in Can****Red Kidney Beans****Pancake mix****Canned Vegetables****Canned Fruit****Cookies****Canned Meat:**

- Tuna
- Salmon
- Corned Beef

Bread Spreads:

- Jams
- Jellies
- Nutella
- Honey, etc

Juices: Apple, Orange, fruit drinks**Tea / coffee****Evaporated Milk****Ketchup****Side dishes****Instant food****Snacks****Pudding, Jello**