

# Learn a Skill

## Through Humanity First Learn a Skill-Fund Raising Program



*All proceeds will go to  
Humanity First  
Learn a Skill Program  
in Africa*

Humanity First Learn a Skill Certificate Program offers training to obtain skills and resources required to run a healthier and self-sufficient life at home and a potential for extra income.

Our weekly/biweekly classes are filled with amazing demonstrations of cooking nutritious meals, baking and sewing. Additional courses of Skincare Treatments and Fabric Painting are also included.

### Courses Offered

- **Cooking**
  - Chinese
  - Continental
  - Indian & Pakistani
- **Baking**
- **Sewing**
- **Fabric Painting**
- **Esthetics- Skincare Treatments**



**Locations:** Mississauga - Brampton - Malton  
Woodbridge - North York - Maple

**Sign-up:** To register for any course please contact:

**Phone:** 647-831-5151

**E-mail:** [LearnASkill@humanityfirst.ca](mailto:LearnASkill@humanityfirst.ca)

